

The Ankle in Football (Sports and Traumatology)



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This book creates a unique platform that covers main ankle pathologies specifically related with football. Experiences from professional players have been combined with evidence-based medical content from renowned experts in the field to present a comprehensive picture on ankle injuries in football. Worldwide, ankle injuries present a high burden for sports medicine physicians, physiotherapists, players and coaches in and around the football pitch. This book contains updated content for both medical and nonmedical individuals involved with football.

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