



The Shaman & Ayahuasca: Journeys To Sacred Realms

Don Jose Campos

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More and more Ayahuasca has come to the attention of the Western media. Used by the shamans of Peru , the rituals and practices around this psychoactive plant-based brew date back 50-70,000 years as evidenced by rock and cave paintings found the world over. Through their use of Ayahuasca, Shamans establish contact with the spirit world which they call upon to aid them in their healing practices, understanding of the cosmos, and how to live well in the world.

In *The Shaman & Ayahuasca*, internationally respected Peruvian shaman **Don Jose´ Campos** illuminates the practices and benefits of Ayahuasca with grace and gentleness, while expressing respect and gratitude for the gifts Ayahuasca has bestowed on him throughout the 25 years he has been a practicing shaman. He takes the reader on a journey through his own discovery of other worlds, other dimensions, ‘alien’ entities and ‘plant teachers.’ *The Shaman & Ayahuasca* gives an overview of an entire cosmology with the potential to benefit all of mankind. It is the perfect book to introduce readers to the profound experiences of Ayahuasca.

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