

the new Our Bodies, Ourselves: a Book By and for Women, Updated and Expanded for the 1990s

The Boston Women's Health Book Collective



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It is an outstanding resource written by and for women with accessible information for all collections. The Women's Encyclopedia of Health & Emotional Healing pales by comparison. It covers the same material, but it remains at a superficial level. The alphabetical entries are two to four pages long. Several subjects are needlessly divided--birth control pills and contraception; breast care, breast surgery, and fibrocystic breast. Some entries, such as cellulite and wrinkles, seem of minor importance. While this book does contain useful self-help information on discussing condom use with sexual partners and preventing cystitis, the lack of anatomical diagrams, references, and referral information limits its effectiveness. It provides just enough content to start a search and leaves the user with nowhere to go for more. The New Our Bodies, Ourselves costs less and has much more to offer. The Women's Encyclopedia of Health & Emotional Healing is not a necessary purchase.-- Barbara M. Bibel, Oakland P.L., Cal.

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