



The Guide to Living with HIV Infection: Developed at the Johns Hopkins AIDS Clinic (A Johns Hopkins Press Health Book)

Dr. John G. Bartlett MD, Ms. Ann K. Finkbeiner

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"The Guide to Living with HIV Infection" is first and foremost a coping book - medically reliable, comprehensive, and marvelously human. It is for all people affected by the diagnosis of HIV infection; for patients and caregivers, for families and friends. "The book is about how to live with HIV infection", the authors write, "that is, how to live as long and full and satisfying a life as possible". In this thoroughly revised and updated edition, John G. Bartlett, Ann Finkbeiner offer straightforward advice to help people deal with the medical and emotional problems HIV infection presents: what to do when first diagnosed; how to prevent transmission; the physical and emotional effects of HIV infection; HIV-associated dementia; options for medical care; financial and legal concerns; what to do when feeling sick; and when feeling well. New to this edition are detailed discussions of the effectiveness, availability, and side effects of new drugs; HIV and women; recent data on CD4 cell counts; updated information on the transmission of HIV; revised definitions of the stages of infection; the new form of tuberculosis; and the facts about opportunistic infections.

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