



Recovering: A Journal

May Sarton

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Recovering: A Journal May Sarton

"Sarton's 'art of making exquisite distinctions' and her vulnerability as a human being are her timeless gifts to her readers." ?Library Journal

May Sarton's sixty-sixth year, 1978-79, was a difficult time: a cherished relationship came to an end, she had a mastectomy, she fought against depression. But, she writes, "When there is personal darkness, when there is a pain to be overcome, when we are forced to renew ourselves against all the odds, the psychic energy required simply to survive has tremendous force." This journal tells how she drew on that force, and how her friendships, her love of the natural world, and her growing audience of devoted readers brought light to the shadows."

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