



Nan & Clete . . . and Then There Was One: Finding a New Normal After a Traumatic Death

Nancy S. Gibble

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"He took this little girl and showed her the moon, the places I never dreamed I'd go--he taught me to love, he taught me trust. He kept me safe, but most of all he made my life a glorious adventure." In *NAN & CLETE . . . AND THEN THERE WAS ONE: FINDING A NEW NORMAL AFTER A TRAUMATIC DEATH*, Nancy S. Gibble bravely shares selections from the journals she kept and letters and articles she wrote in the weeks, months, and years following the death of Clete, her husband of almost fifty-four years, in 2006 after a bicycling accident. "I wrote and wrote," she states in her introductory chapter. "It was one of the things that saved my sanity." From her detailed memories of the thirty excruciating hours between the accident and his death, to the eulogy she gave at his memorial service, through the early days (and nights and mornings) and weeks of navigating the "new land" of life as a widow, through daytime memories, nighttime dreams, emotions and miracles, stumbles and triumphs, Gibble shares her journey with a gracious humility that will make you cry, a humor that will catch you off guard and make you smile out loud, and a generous, sincere gratitude that will warm your heart. More than a book about grief and recovery, *NAN & CLETE* is a celebration of life, love, and hope. "We each heard the other's voice and, in our pleasure, gave pleasure to others also," Gibble wrote on January 28, 2012, about eating together in a restaurant and "actually talking to each other and enjoying each other's company." Reading *NAN & CLETE*, you will get the feeling that you are hearing not just one voice but two, and when all has been said, you will indeed have been given pleasure.

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