



Why You Procrastinate Book 13: Time Management ("Why" series of books)

Dr. Leland Benton

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Time Management – Why You Procrastinate is a book that deals with the scourge of procrastination. Most people label procrastinators as lazy and lacking in motivation. This may be true to some degree but you will be amazed at far off the mark you are using this definition. Some of the highlights of the book are procrastination's real definition, what is procrastination, procrastination self help, procrastination why you do it, procrastination cure, procrastination elimination, I procrastinate. Do you put off task to do later? Do you feel sluggish and lacking in motivation? Do you find some tasks being out off to the last moment? If so, you need to read this book. Written by one of the nation's leading behavioral scientists, Dr. Leland Benton is the author of over two dozen self-help books and nonfiction behavioral science texts. He is a best-selling Amazon author with over 200-books published on Amazon alone. You need to read this book. It is the eleventh book of Dr. Benton's "Why" series of books. Subsequent books will be published when finished:

Why You Are Greedy
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Why You Are Lonely
Why You Are Unhappy
Why You Fail In Relationships
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