



The Worry Free Life: Take Control of Your Thought Life By Weeding Out the Bad and Nurturing the Good

Terence J. Sandbek, Patrick W. Philbrick

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Despite today's fast-paced world, people desperately want to live their lives with great passion and conviction. They seek answers from the Bible, pastors and even counselors... and yet they are unable to find peace because of excessive worry and destructive emotions. In *The Worry Free Life*, you'll learn how to convert your negative thought processes to healthy ones, and eliminate worry, so you are free to live a life of love beyond anything you have ever imagined!

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