



Understanding and Helping the Schizophrenic: A Guide for Family and Friends

Silvano Arieti

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There are more than 150,000 schizophrenics in Britain. Here, in the first book on the subject for the general reader, a world-renowned authority on schizophrenia offers a practical guide for the family and friends of a schizophrenic patient. In clear and simple language, Dr. Silvano Arieti explains what is known about schizophrenia. He describes the patient's unreal world and suffering. And he offers invaluable advice on how to recognize the first signs of the illness, how to live with and talk to the patient day by day, what arrangements to make, what treatments are available, what hospitalization has to offer, and, in general, how to help as a family member, friend, or paraprofessional. The schizophrenic presents vexing problems for those who are in daily contact. This authoritative book provides real understanding of the patient's world and furnishes useful guidance for helping to hasten recovery.

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Marilyn Perez:

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