



# Getting over Getting Older

*Letty Cottin Pogrebin*

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## **Getting over Getting Older** Letty Cottin Pogrebin

"My feminist sisters . . . counsel women to welcome age", writes award-winning author and founder of "Ms". magazine Letty Cottin Pogrebin. "They discern nobility and power in the elder female. So do I, but I'm not in a hurry to "be" one. I hated turning 50, it's as simple as that". With a winning combination of insight and emotional honesty, she shatters myths about everything from menopause to monogamy--and offers women a new, mindful perspective on the middle chapters of their lives.

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