



Around the World--the Kindness Journey: Words and Thoughts of Hope, Encouragement, and Kindness While Backpacking Around the World

T. Robert Whitfield

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Around the World--the Kindness Journey is a collection of vignettes and photographs from my travels around the world seeking to promote cultural bridge-building, understanding, and KINDNESS to various people groups. In December 2011, I began solo backpacking around the world and also launched this lifetime project. As I continue to undertake this journey, I also am seeking to locate and identify kindness-giving people and agencies that are reaching out to their communities in a variety of ways. This is my attempt to simply try to understand others by accepting them where they are and as they are in life. I also hope this will be an encouragement for others to go outside their comfort zones and reach out to people in different groups. On my continuing world travels, a lifetime project, I write while on the road, in the air, or in some exotic location when a thought or incident happens along the way. None of the writings are planned, but I write them as the thoughts and reflections come into my mind. I sit at my laptop, and the words simply start flowing from my fingers. Inspiration is what I call it, and I am so thankful for this special gift and the ability to simply place my thoughts into words for others to read. In this book, I have selected some of my most read writings that received the most comments and personal emails regarding them. May they be an encouragement to you and allow you to keep moving in your life.

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