



Who Am I? The 16 Basic Desires That Motivate Our Actions and Define Our Personalities

Steven Reiss

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What do we want? What makes us tick? From acceptance to vengeance to curiosity, this book explains the 16 basic and universal desires that shape our behavior—and shows how the ways we prioritize them determines our personalities. Grounded in up-to-date psychological research, this book can help YOU achieve greater satisfaction and happiness in life

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