



# **Therapist's Guide to Clinical Intervention, Second Edition: The 1-2-3's of Treatment Planning (Practical Resources for the Mental Health Professional)**

*Sharon L. Johnson*

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## **Therapist's Guide to Clinical Intervention, Second Edition: The 1-2-3's of Treatment Planning (Practical Resources for the Mental Health Professional)** Sharon L. Johnson

**Therapist's Guide to Clinical Intervention, Second Edition** is a must-have reference for clinicians completing insurance forms, participating in managed care, or practicing in treatment settings requiring formalized goals and treatment objectives. This practical, hands-on handbook outlines treatment goals and objectives for each type of psychopathology as defined by the diagnostic and statistical manual by the American Psychiatric Association, identifies skill-building resources, and provides samples of all major professional forms.

With over 30% new information, this new edition covers a variety of new special assessments including domestic violence, phobias, eating disorders, adult ADHD, and outpatient progress. New skill-building resources focus on surviving holiday blues, improving communication, overcoming shyness, teaching couples to fight "fair", surviving divorce, successful stepfamilies, managing anger, coping with post traumatic stress, and more. Additional professional forms have been added including treatment plans, a brief mental health evaluation, parent's questionnaire, and a contract for providing service for people with no insurance.

In a practical hands-on approach, this handbook:

- \* Outlines treatment goals and objectives for DSM-IV diagnoses
  - \* Provides outlines for assessing special circumstances
  - \* Offers skill building resources to supplement treatment
  - \* Provides samples for a wide range of business and clinical forms
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