



The Tough-Minded Optimist

Dr. Norman Vincent Peale

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"If you want to live in this tough world and still have some real faith and optimism, this book is for you."

-- Norman Vincent Peale

The many ills of the modern world can be debilitating. With so much seemingly senseless violence, pain, and destruction, we need a lot of inner strength to overcome cynicism and despair -- and to remain hopeful about the future. With Dr. Peale's careful guidance, you can achieve happiness and security by learning how to:

- Conquer your fear
- Free yourself of guilty feelings
- Live well and prosper, personally and professionally
- Become physically healthy -- the natural way
- Stay enthusiastic even in poor circumstances
- Tackle problems hopefully and creatively
- Harness the power of prayer



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