



Loosening the Grip: A Handbook of Alcohol Information with PowerWeb

Jean Kinney

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This text offers a thorough approach to understanding alcohol--its physical and psychological effects on an individual, as well as its emotional impact on the family. It is the only comprehensive, self-contained book to cover the range of psychological factors, physical complications, treatment options, and family concerns; easy to read, it is suitable for academics, students, or families of alcoholics.

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