

# Puberty In Boys: How to Talk to Your Son About Sex and Puberty

Stacy Billows



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## If it's finally time to have "the talk" with your adolescent son, and you're trying to figure out the easiest, most responsible, and most straightforward way to discuss puberty, then this book is for you!

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Oftentimes, parents avoid having "the talk" with their sons until they are about 15 or 16 years old. However, if you wait too long to talk to your child about puberty and sex, it might be too late. Today, children as young as 9 or 10 years old are experiencing the first signs of puberty. From then, it won't be long before they become curious about sex. Without the proper information and guidance from their parents, young children undergoing puberty might get all the wrong notions about their bodies and about sex. Although having "the talk" with your children may at first seem uncomfortable for you and your child, remember that it is a necessary responsibility to keep them informed, prepared, and safe. So try to be both courageous and confident when you broach this very important topic. And if you have no idea where to start, don't worry! That's exactly what this book was written to help you with. I'm going to explain the best ways to talk to your son about puberty and sex. And although you have undergone puberty and adolescence yourself, it still helps to have a refresher about this developmental stage before discussing it with your child. It's only natural that your son might have questions that he'll want you to answer. After reading this book, you will have the confidence and information you need to discuss puberty with your child and explain to him the changes happening to his body, and you'll also be fully prepared to talk to him about sex. I promise to make this as painless as possible. But the sooner you get started, the sooner you get it over with. So download this book now and get reading!

### Here Is A Preview Of What You'll Learn...

- Your Duty as a Parent
- What to Remember Before Initiating the Talk
- How to Talk About Puberty And Sex
- Common Questions to Expect
- Educating Your Son About Sex
- Much, much more!

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