



# **Dive Deep: A Journey of Self Exploration & Discovery (Journey Guide Book)**

*A'isha La'Don Abdul Rahman*

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Dive Deep is the first in a series of Journey Guide Books written by Aisha LaDon Abdul Rahman. Aisha takes you on an under water exploration of your true inner self where you discover amazing truths and future possibilities you never thought possible. Through a series of therapeutic art journal activities you discover your true essence and divine purpose in which you were sent.

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