



# Attachment, Trauma, and Healing: Understanding and Treating Attachment Disorder in Children, Families and Adults

*Michael Orlans, Terry M. Levy*

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Now in a fully updated and expanded edition, Levy and Orlans' classic text provides a comprehensive overview of attachment theory, how attachment issues manifest, and how they can be treated.

The book covers attachment-focused assessment and diagnosis, specialised training and education for caregivers, treatment for children and caregivers and early intervention and prevention programmes for high-risk families. The authors explain their unique models of 'corrective attachment therapy' and 'corrective attachment parenting', and provide practical guidance on goals and techniques for clinicians who work with maltreated and attachment disordered children and families. This second edition incorporates advances in the fields of child and family psychology that have occurred since the book first published in 1998, with substantial new sections on interpersonal neurobiology, adult and couple treatment, the application of positive psychology.

Clear, authoritative and skills-oriented, this is the essential guide to attachment for psychologists, social workers, clinicians, as well as foster and adoptive parents.

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