



# The Choice Effect: Love and Commitment in an Age of Too Many Options

*Amalia McGibbon, Lara Vogel, Claire A. Williams*

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Love choices but hate choosing? Welcome to the club.

*The Choice Effect* is for young women who have all the opportunities in the world and no idea how to decide among them. It's one thing to have lots of options when it comes to fulfilling careers or traveling the world—but what does it mean for our love lives? How can you know whether you're with the right person—or if the time is right—when you haven't vetted the other possibilities?

With hard-won insight, plus interviews with a whole host of other women who are living it, the twentysomething friends and authors of *The Choice Effect* explain why their generation is sidestepping traditional timelines. They look at the question of choice in the twenty-first century as they give voice to their generation's dilemma: How do you choose when you've been taught you can have it all?

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