



# Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her

*Linea Johnson, Cinda Johnson*

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The Johnsons were a close and loving family living in the Seattle area - two parents, two incomes, two bright and accomplished daughters. They led busy lives filled with music lessons, college preparation, career demands, and laughter around the dinner table. Then the younger daughter, Linea, started experiencing crippling bouts of suicidal depression. Multiple trips to the psych ward resulted in a diagnosis of bipolar disorder, and it took many trial runs of drugs and ultimately electroshock therapy to bring Linea back. But her family never gave up on her. And Linea never stopped trying to find her way back to them.

*Perfect Chaos* is the story of a mother and daughter's journey through mental illness towards hope. From initial worrying symptoms to long sleepless nights to cross-country flights and the slow understanding and rebuilding of trust, *Perfect Chaos* tells Linea and Cinda's harrowing and inspiring story, of an illness that they conquer together every day. It is the story of a daughter's courage, a mother's faith, and the love that carried them through the darkest times.

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Nowadays people that live in the era where everything is reachable by the internet and the resources within it can be true or not involve people to be aware of each information they get. How do people have to be smart in receiving any information nowadays? Of course the answer then is reading a book. Reading a book can help people out of this uncertainty. Information specially this Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her book as this book offers you rich facts and knowledge. Of course the data in this book 100% guarantees there is no doubt in it as you know.

#### **Albert Gilchrist:**

Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her can be one of your beginning books that are a good idea. Many of us recommend that straight away because this reserve has good vocabulary that may increase your knowledge in language, easy to understand, but entertaining however delivering the information. The author giving his/her effort to get every word into a delightful arrangement in writing Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her however doesn't forget the main stage, giving the reader the hottest along with based confirmed resource info that maybe you can be among it. This great information may draw you into a fresh stage of crucial pondering.

#### **Fred Martinez:**

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