



My Pain Woke Me Up - Bliss: A Survivor's Tale of Love, Life, Breast Cancer & the Pursuit of Happiness

Jean Criss

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MY PAIN WOKE ME UP BLISS is the first in a three-book series of a fictionalized account of true story, focused on survivorship. The book details the knockdown punches life throws Jean's way, what it took to get back up off the mat, and how these difficult challenges resulted in a stronger, more courageous and confident individual. It is a story of inspiration, passion, perseverance, persistence and the promise to survive. Jean recounts her experiences from the blissful days with her first true love, to becoming a widow in her twenties, to finding love again and having the children of her dreams, to the heartbreak of a failing marriage and diagnosis of breast cancer. My Pain Woke Me Up- Bliss discusses the painful journey Jean experienced during her battle with breast cancer-from bilateral lumpectomy with radiation, to bilateral mastectomy with reconstructive surgery (four times), the onset of MRSA bacterial infection followed by a breast cellulitis infection, to her road to recovery and the pursuit of happiness. Her determination to help raise awareness and find a cure to end breast cancer forever grew stronger as her pain woke her up! JEAN CRISS With more than twenty-five years' experience, JEAN CRISS is an entrepreneur in the digital media industry, recognized for her sales and marketing innovation. Before the launch of Jean Criss Media, LLC, Jean gained her high-tech and digital media expertise as a leader in the Midwest and Northeast markets for various technology and publishing companies. Her ability to develop strong relationships over the years yielded over \$100 million in computer hardware, software, service, and media sales. Jean served on the Board of Trustees of the North Jersey Affiliate of Susan G. Komen for the Cure® from 2008 - 2011, and she helped raise over \$15 million for the Affiliate's grant programs since 2007. During her term with Komen, Jean co-produced various PSA campaigns inclu

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