



My Life My Africa: An Untamed Soul-Searching Adventure

Philen Naidu

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Have you ever had the desire to just drop everything and follow your Heart, as a last-chance gamble at finding True Love and Freedom?

Philen Naidu did just that. Aged 23 he dropped out of university, strapped on a 25-litre backpack, left family and friends behind and set off into the deep and wild unknowns of REAL Africa, with nothing to rely on except a 'voice' inside. A voice that he trusted would lead him to True Love and Freedom. But would it?

Naidu allows us to join him in his early-life crisis as he journeys into an Africa that few of us get to truly experience; and a journey within himself that few of us dare to choose.

There's no new camera and bug spray in his luggage, as he heads north from his comfortable suburban South African upbringing into unknown rural lands.

It's a movingly honest account of his time spent traveling and living amongst the people of tribal Zambia, his westernized way of thinking constantly challenged as he becomes accustomed to a new way of life.

Whether he's bumping into wild hippo at night, sitting in the shade of mango trees with the villagers and sharing in their 'local brew', or learning the intricacies of smuggling items across the border for business, what he discovers along the way about life and himself is so clear and simple, yet so difficult to apply.

It's a journey that will have you thinking about everything - where your food comes from and with whom you share it, to how you'd go about fighting off competitors to get the prized liver from a recently culled elephant.

My Life My Africa is the inspiring true-life story of a young man's search to find purpose for his existence, and a Love worth living for.

"In the tradition of Homer's Odyssey and Herman Hesse's Siddhartha, My Life My Africa invites the reader to experience a young man's journey to find his truth and to test himself against the forces of life that tempt him to abandon his soul and his beliefs." - Pulitzer Prize Nominee, Barbara Benjamin

Take a Journey Through Africa and See it With Your Soul

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