



Body Image, Second Edition: A Handbook of Science, Practice, and Prevention

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The standard reference for practitioners, researchers, and students, this acclaimed work brings together internationally recognized experts from diverse mental health, medical, and allied health care disciplines. Contributors review established and emerging theories and findings; probe questions of culture, gender, health, and disorder; and present evidence-based assessment, treatment, and prevention approaches for the full range of body image concerns. Capturing the richness and complexity of the field in a readily accessible format, each of the 53 concise chapters concludes with an informative annotated bibliography.

New to This Edition

- *Addresses the most urgent current questions in the field.
- *Reflects significant advances in key areas: assessment, body image in boys and men, obesity, illness-related body image issues, and cross-cultural research.
- *Conceptual Foundations section now incorporates evolutionary, genetic, and positive psychology perspectives.
- *Increased coverage of prevention.



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