



Taking Charge in Troubled Times: Proceedings of the 5th Rocky Mountain Region Disaster Mental Health Conference

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Recent years have seen an extraordinary number of major disasters, critical incidents and other events that have had major impacts on our world. The 2004 tsunami, hurricanes Rita and Katrina, and the wars in Iraq and Afghanistan affect millions of lives daily. Potential events such as Avian Flu pandemic, global warming and the increasing threats of spreading unrest in the Middle East are concerns that weigh heavily on us all.

November 8-11, 2006, the Rocky Mountain Region Disaster Mental Health Institute held their Annual four-day Disaster Mental Health Conference. The theme of the conference was "**TAKING CHARGE IN TROUBLED TIMES: Response, Resilience, Recovery and Follow-up.**" This edition contains the major papers presented at the conference and summaries of additional presentations. They address some of the major crisis events confronting our societies in recent years, namely, large disasters such as hurricanes Katrina and Rita; case studies such as Abu Ghraib, and traumatic events such as a night club suicide bombing, the role of cultural sensitivity and ethics in disaster settings, resilience, and the importance of planning, education and taking care of our first responders and mental health professionals. An additional concern with information includes information about preparation of communities and families for deployment and return of military personnel. The importance of planning for how mental health personnel can respond in the event of an Avian Flu Pandemic is also discussed. Presenters are drawn from researchers and responders from Wyoming, the United States, and the United Kingdom.

<http://www.rmrinstitute.org>

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