



Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction

Matthew Kelly

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The prescriptive follow-up to the *New York Times* bestseller *The Dream Manager*.

One of the major issues in our lives today is work-life balance. Everyone wants it; no one has it. But Matthew Kelly believes that work-life balance was a mistake from the start. Because we don't really want balance. We want satisfaction.

Kelly lays out the system he uses with his clients, his team, and himself to find deep, long-term satisfaction both personally and professionally. He introduces us to the three philosophies of our age that are dragging us down. He shows us how to cultivate the energy that will give us enough battery power for everything we need and want to do. And finally, in five clear steps, he shows us how to use his Personal & Professional Satisfaction System to establish and honor our biggest priorities, even if we spend a lot more time on some of the lesser ones.

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The particular book Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction has a lot details on it. So when you make sure to read this book you can get a lot of benefit. The book was published by the very famous author. This articles author makes some research before write this book. This book very easy to read you can get the point easily after reading this article book.

Joseph Nixon:

Exactly why? Because this Off Balance: Getting Beyond the Work-Life Balance Myth to Personal and Professional Satisfaction is an unordinary book that the inside of the publication waiting for you to snap it but latter it will zap you with the secret that inside. Reading this book beside it was fantastic author who have write the book in such awesome way makes the content inside of easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you for not hesitating having this ever again or you going to regret it. This unique book will give you a lot of benefits than the other book get such as help improving your expertise and your critical thinking method. So , still want to hold off having that book? If I ended up you I will go to the book store hurriedly.

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