

At First You're Afraid: Lessons to be learned from a prostate cancer survivor

norman susser

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At First You're Afraid: Lessons to be learned from a prostate cancer survivor norman susser As the saying goes, "knowledge is power." With At First You're Afraid, you will share in, and benefit by, profound insights in dealing with prostate cancer should it ever touch you, your friends, or your loved ones. At First You're Afraid is the compelling story of the author's journey through diagnosis, treatment, and recovery from this disease. The American Cancer Society estimates that during 2005 about 232,090 new cases of prostate cancer will be diagnosed in the United States. One man in six will be diagnosed with prostate cancer during his lifetime. This book provides an extremely candid account of the author's experiences through his unique vantage point." I think this book will be very helpful for patients to read prior to undergoing counseling and treatment for prostate cancer, in that it may help them to have more appropriate and accurate expectations. I think the medical accuracy of the book is extremely good and his medical references are appropriate."-Robert H. Shapiro, M.D. Scottsdale Center for UrologyPowerful information: How a PSA test can save your lifeTreatment ChoicesThe Hospital-what to expectDealing with erectile dysfunctionPost surgical "do"s and "don't"sEasy to read and understand



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