



Should I Stay or Should I Go?: A Guide to Knowing if Your Relationship Can--and Should--be Saved

Lundy Bancroft, JAC Patrissi

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A guide to making the ultimate relationship decision from the author of *Why Does He Do That?*

In this supportive and straightforward guide, Lundy Bancroft, the author of *Why Does He Do That?*, and communication specialist JAC Patrissi offer a way for women to practically take stock of their relationships and move forward-with or without their partners.

Women involved in chronically frustrating or unfulfilling relationships will learn to:

- Tell the difference between a healthy-yet-difficult relationship and one that is really not working
- Recognize the signs that their partner has a serious problem
- Stop waiting to see what happens-and make their own growth the top priority
- Prepare for life without their partner-even as they keep trying to make the relationship work

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