



How to Deal With Back Pain and Rheumatoid Joint Pain

Fereydoon Batmanghelidj

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How to Deal with Back Pain and Rheumatoid Joint Pain is a practical manual based on the author's many years of research and numerous clinical observations. The book introduces a new medical technology to treat and prevent back pain and rheumatoid joint pain.

* Learn the vital information on the mechanics behind your spinal column, the role of the disc and its needs for water.

* Learn the simple body movement that will promote fluid circulation in the disc spaces that will result in relief of the back pain and sciatic pain.

* It is simple, safe and inexpensive. Don't hate yourself for missing out on this information.

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